## SQUARES and ROUNDS

Published for Mid-East Penn District Federation of Delaware Valley Square and Round Dancers
Vol. 21, No. 5
May/June 1996
M.E.P. NEW GRADS DANCE May 5, 1996 - 2:00 p.m. Quakertown Fire Hall Quakertown, Pennsylvania
M.E.P. DISTRICT MEETING May 5, 1996 • 4:30 p.m. (Following New Grads Dance) Quakertown Fire Hall Quakertown, Pennsylvania
M.E.P. SUMMER DANCE

June 15, 1996 • 8:00 p.m.
Church on the Mall Plymouth Meeting, Pennsylvania
45TH NATIONAL CONVENTION
June 26-29, 1996
San Antonio, Texas
M.E.P. SUMMER DANCE

July 20, 1996 • 8:00 p.m.
Church on the Mall
Plymouth Meeting, Pennsylvania

## FROM THE CHAIR

by John \& Kathy Falter

We need YOUR help to make sure that the excellent, informative Mid-East Penn Student Newsletter continues to be produced for new students! After six yẹars of creative, enthusiastic, and dedicated service of editing, producing, and distributing the Student Newsletter, Charlotte Goelich and Ed \& Marilyn Linkiewicz are ready to move on to other activities.

Insurance Chairmen, Marion McKin-
ney and Jack McFadden must also now direct their attention elsewhere. They have faithfully and thoroughly coordinated our Insurance Program for more than three years now. It is now time for YOU to ensure that vital protection for YOUR club and its officers doesn't move on.

Club officers, please encourage YOUR members to help. Club members, please encourage YOUR friends to help. Square dance friends, please call us at (215) 482-0622 and join the team that keeps the Student Newsletter and Insurance Program going!

We need YOUR help! If it is to be, it is up to THEE!


> DEADLINES FOR "SQUARES AND ROUNDS"

July/August Issue - April 19 September/October Issue - June 19 November/December Issue - Aug. 19 January/February Issue - Oct. 19 March/April Issue - December 19 May/June Issue - February 19

## SQUARES AND ROUNDS

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## SPECIAL EVENTS

## BUCKAROOS

5/8-Class Graduation
5/10 - Honor Mother's Day
5/22 - Mainstream Dance
5/24 - Grand Parade Dance
6/12 - Mainstream Dance
6/14 - Flag Day Dance
6/18 - Request Rounds and Square Dance
CROSSTRAIL TRAVELERS
5/17 - May Flowers
DIXIE DERBYS'
6/8-Cinderella Night Dance in Slippers!
6/21 - Special Plus Ticket Dance
6/22 - Special Mainstream Ticket Dance
EDGE HILL SQUARES
5/11 - Blossom Time Dance
$5 / 25$ - Red, White and Blue Dance
6/8 - Covered-Dish Supper

## MELODY LAKES BELLES \& BEAUS

5/21-Old Times Night
6/4 - Strawberry Festival

## PERKY PROMENADERS

5/1-May Day
5/15 - Steppin' Out with the Grads
6/5 - Strawberries ' $n$ ' Ice Cream
6/19 - Disco Night
6/22 - Special Ticket Dance
QUAKER EIGHTS
5/11 - Covered-Dish Dinner and Election of Officers
SCHUYLKILL PROMENADES
5/19-Banner Dance
6/16 - Strawberry Social

## STARDUSTERS

5/18 - Graduation Dance and Ice Cream Social
6/8 - The Rebel Yell

## TUMBLEWEEDS

5/21 - Mother's Day Dance and Celebration of May Birthdays and Wedding Anniversaries
6/18 - Father's Day Dance and Celebration of June Birthdays and Wedding Anniversaries

## DANCE WEEKENDS

## CROSSTRAIL TRAVELERS

5/3-5-Camping/Dancing Weekend Camp Swarta Bethel, PA
6/7-9 - Camping/Dancing Weekend Shady Oaks Newmanstown, PA
ROVIN' SQUARES
5/17-19 - Camping/Dancing Weekend
Roamer's Retreat
Kinzers, PA
Betsy Gotta (S)
Roy Gotta (R)
6/14-16 - Camping/Dancing Weekend Holly Acres
Egg Harbor, NJ
Gleason Crumling (S)
Russ Booz (R)
YELLOW ROCKERS
5/17-19 - Camping/Dancing Weekend Robin Hill
Lenhartsville, PA
Ted Knauss (S)
Elaine Novak (R)
6/14-16 - Camping/Dancing Weekend Birchview
Coatesville, PA
Ted Knauss (S/R)


## GUEST CALLERS AND CUERS

## BUCKAROOS

5/8 - George Polk (S)
5/10 - Ray Taylor (S) Lil Armstrong (R)
5/22 - George Polk (S)
5/24 - Dalt Young (S)
Peg Dockry (R)
6/12 - George Polk (S)
6/14 - Ralph Stapenell (S) Lil Armstrong (S)
6/28 - John Kaltenthaler (S)

CROSSTRAIL TRAVELERS
5/17- Burl Lally (S) Bob \& Gloria Reaser (R)

## DIXIE DERBYS'

5/3-Glenn Matthew (S) Rich \& Alison Lock (R)
5/11 - Dalt Young (S)
5/17 - Glenn Matthew (S) Russ Booz (R)
5/31 - Glenn Matthew (S) Kathy Koft (R)
6/7-Glenn Matthew (S) Pete \& Mary McGee (R)
6/8-Glenn Matthew (S)
6/21-Jim Lee (S)
Shelley Lee (R)
6/22 - Jim Lee (S)
EDGE HILL SQUARES
5/11 - Ralph Stapenell (S)
Peg Dockry (R)
5/25 - Joe Bradshaw (S) Peg Dockry (R)
6/8 - Pete Classetti (S) Peg Dockry (R)
LIBERTY STARS
$5 / 4$ - Brian Fugere (S)
5/18 - Mark Franks (S)
6/15 - Roy Leber (S)
MELODY LAKES BELLES \& BEAUS
5/7 - Jim Snyder (S) Frank Ferisch (R)
5/21 - Dalt Young (S) Frank Fertsch (R)
6/4 - Jim Snyder (S) Frank Fertsch (R)
6/18 - Dalt Young (S) Frank Fertsch (R)
PERKY PROMENADERS
5/1 - Bob Clark (S)
Peg Dockry (R)
5/15 - Burl Lally (S)
Peg Dockry (R)
$6 / 5$ - Burl Lally (S)
Peg Dockry (R)
6/19 - Dalt Young (S)
Peg Dockry (R)
6/22 - Bill Harrison (S)
Peg Dockry (R)
QUAKER EIGHTS
5/11-Clay Goss (S) Gloria Reaser (R)
ROUND DANCE PARTIES
$5 / 4$ - Ron \& Ree Rumble (R)
6/1 - Ron \& Ree Rumble (R) Pete \& Mary McGee (R)

## SAUCON SQUARES \& ROUNDS

5/3 - Ted Knauss (S)
David Roberts (R)
5/10 - Ted Knauss (S)
Elaine Novak (R)
5/17 - Dalt Young (S)
Steve Bradt (R)
5/31 - Ted Knauss (S)
Mary McGee (R)
6/7-Jim Snyder (S)
Steve Bradt (R)
6/14 - Dalt Young (S)
Mary McGee (R)
6/21 - Dalt Young (S)
Elaine Novak (R)
6/28 - Ted Knauss (S) Steve Bradt (R)
SCHUYLKILL PROMANADES
5/19-Dan Prosser (S) Linda Prosser (R)
6/16 - Dave Kreiter (S) Gloria Reaser (R)
STARDUSTERS (BERKS CO.)
5/3 - Bob Clark (S) Mary McGee (R)
5/18 - Jim Snyder (S) Gloria Reaser (R)
6/8 - Greg Jones (S) Jim Snyder (S)


## WHERE DO WE SEND OUR CHANGES?

To be assured that you will receive your copy of "Squares and Rounds," any changes of address must be forwarded to: Marion Dugan, 1188 Montgomery Avenue, Schwenksville, PA 19472-2514; (610) 489-1859.

If your club has any changes in copy for "Squares and Rounds" or if the address of the person who will receive

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DLXOEDERESKS
Saromae Dance Club, Ine.
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## FLUS EXE DANCES

May 03, 1996
May 17, 1996
May 31, 1996
June 07, 1996
21, 1996 SPECIAL TICKET DANCE
Special Tip + Star Tip

Glenn Matthew / Rich \& Alison Lock
Location: Upper Moreland Middle School
Glenn Matthew / Russ Booz
Location: Upper Moreland Middle School
Glenn Matthew / Kathy Koft
Location: Upper Moreland Middle School
Glenn Matthew / Mary \& Pete McGee
Location: Upper Moreland Middle School
Jim Lee / Shelley Lee
Location: BRYN ATHYN CHURCH HALL

Upper Moreland Middle School, Orangemans Road north of Byberry Road, Upper Moreland, PA

## MAINSTMREAYIDANCES

Sat., May 11, 1996

Sat., June 08, 1996
Mainstream + Plus Tip Glenn Matthew
Cinderella Night; Dance in SLIPPERS
Sat., June 22, 1996 Mainstream + Plus Tip
SPECIAL TICKET DANCE
Bryn Athyn Church Building

## ALL DANCERS ARE CORDIALLY INVITED

Lehman United Methodist Church, Lehman Ave. and Old York Road, Hatboro, PA

7:45-10:15 PM 2nd Saturday

the form for copy has changed, please forward the new information to: Aaron Silverstein, 307 S. Fifth Street, North Wales, PA 19454-3001; (215) 699-0471.

## OCOSOOAOSOOAOOA - 'ROUND THE SQUARES $\theta$ OAOCOAOAOAOAAOA

APPALACHIAN EXPRESSIONS: We celebrated our first anniversary in March. We are a small club and had a great year. We also accomplished a lot. Everyone is still enjoying dancing and having fun. We are working on our summer schedule for demonstrations and performances.

Our new graduates are doing great. They are still learning new dances along with our club members.

We dance every Sunday afternoon at the Bethlehem Volunteer Firearm Home Association on N. New Street in Bethlehem, PA. Beginner Plus Classes are held from 1:00 to 2:00 p.m. followed by a Dance or Workshop from 2:00 to 5:00 p.m.

For more information about our club, contact Josie Fye at (610) 253-0538.

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BUCKAROOS: As we finally enjoy the delightful spring weather and the sight of the trees and flowers bursting with color, let us welcome our schedule of May and June dances.

On May 10, we will celebrate with a Honor Mother's Day Dance as we host caller, Ray Taylor and cuer, Lil Armstrong. As an extra added treat, we will be introducing the graduates as they receive their diplomas. It will be an entertaining evening. Then on May 24, we will celebrate with our Grand Parade Dance with caller, Dalt Young and cuer, Peg Dockry. We hope you will join us for an evening of super dancing.

June will be bursting out all over when we celebrate with our Flag Day Dance on June 14 as we host caller, Ralph Stapenell and cuer, Lil Armstrong. We hope to celebrate with you. Then on June 28, we will have John Kaltenthaler as our guest caller and Elaine Novak as our cuer. This is a special dance as it is en-
titled, Request Rounds and Square Dance. You are invited to fill out a request form which will be available at the two previous dances, May 24 and June 14. Just list your special requests and we will forward them to John and Elaine. Please join us for an evening of fun.

We have been sponsoring a Beginner's Class every Wednesday evening from 7:30 to $9: 30 \mathrm{p} . \mathrm{m}$. at the Titus Elementary School on 2733 Lower Barness Road in Warrington, PA. We are few in number, but very enthusiastic and dedicated.

Since our Beginner's Class will be graduating on May 8, we are planning a Mainstream Dance on May 22 and another on June 12. Both of these dances will be held at the Titus Elementary School from 7:30 to 9:30 p.m. We sincerely hope you will join us. George Polk has been teaching our class and doing an excellent job, and he will be calling for both of the Mainstream Dances.

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BUCKINGHAM DANCERS: Our Class of ' 96 has graduated and we are really enjoying our workshops and dances. Ralph became an American citizen and Nancy is well on her way to recovery from spinal surgery.

We will be holding dances on May 5, May 19, June 2, June 16, and June 30.

Summer Workshops (Plus DBD) will be held on May 6, May 13, May 20, June 3, June 10, June 17, and June 24.

Come on out and join in the fun. We dance Plus and Mainstream (alternating tips) from 7:00 to 9:30 p.m. on the first and third Sundays of the month. We have something for everyone!

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CH SMOOTH SQUARES: No regular dances have been scheduled for the months of May and June.

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CROSSTRAIL TRAVELERS: On May 17, we will be holding our May Flowers Dance featuring caller, Burl Lally and cuers, Bob \& Gloria Reaser. There's nothing like a hot "travelers" dance on a cool spring evening. This is your last chance to catch a spring dance with our gang before our camping season begins.

Our dance schedule continues with a new format: Class level squares from 7:00 to 8:00 p.m., class level squares and rounds from 8:00 to 8:30 p.m., and $2 \times 2$ plus level dancing from $8: 30$ to $10: 30$ p.m. As a special incentive for class members, you pay only $\$ 4.00$ per couple. Our dances are held at St. Peter's Lutheran Church on Walnut and Glasgow Streets in Stowe, PA.

Our May and June camping schedule includes weekend stays at Camp Swarta in Bethel, PA on May 3-5 and at Shady Oaks in Newmanstown, PA on June 7-9.

We hope to see you at one of our outings.
Congratulations will be in order for all of the graduating class members. Be sure to give each one of them a hearty handshake or a hug and a word of encouragement when they join a square that you are in.

Follow up information for camping, dances and summertime workshops can be obtained by calling Pat \& Barry at 582-1274, Chuck \& Dottie at (215) 233-5214, or Dick \& Janet at 323-7278.

As always, we'll be looking for you at one of our dances, campouts, classes or workshops.

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DIXIE DERBYS': May is a month with five Fridays in it. So, our Plus Program dancers, who dance on the first, third and fifth Friday on the month, get to dance three times.

Glenn Matthew, our club caller and class instructor, is scheduled to call on May 3, 17 and 31, as well as June 7. Cuers will be Rich \& Alison Lock on May 3, Russ Booz on May 17, Kathy Koft on
 PROMENADERS

Church on the Mall Plymouth Meeting Mall Cinema Entrance Plymouth Meeting, PA

May 1 Bob Clark<br>May 15 Burl Lally<br>Peg Dockry<br>May Day<br>Peg Dockry Steppin' out With Our Grads<br>June 5 Burl Lally<br>Peg Dockry<br>Strawberries 'n Ice Cream<br>June 19 Dalt Young Peg Dockry Disco Nite June 22 National Caller Bill Harrison \& Peg Dockry

Dancing on the First and Third Wednesday - 8:00 p.m. AIR CONDITIONED WOOD FLOOR For Information: Miller: 610-275-1790 / Scargill: 610-489-2414

May 31 and Pete \& Mary McGee on June 7.

On June 21, we will be holding a very special dance. Jim \& Shelley Lee will be here for the weekend. They will call and cue at a Special Plus Ticket Dance that night. Tickets are available now at our dances. On the following night, June 22, Jim Lee will call a Special Mainstream Dance. This is a great opportunity for newly graduated Mainstream dancers to dance to a national caller. Both dances will be held at the Bryn Athyn Church Social Hall on 600 Tomlinson Road in Bryn Athyn, PA. The location features a wooden floor, great sound and lots of good fellowship.

We dance at the Upper Moreland Middle School on Orangemens Road (north of Byberry Road). Our dances begin with Round Dancing at 8:00 p.m. and continue with a $2 \times 2$ format from $8: 15$ to $10: 30$ p.m. In June, when school vacation begins, we move to the Bryn Athyn Church Society Building. For more information on Plus Dances, call Dottie Smith at (215) 343-1142.

Mainstream Dances feature Mainstream and Plus tips during May and June. Dalt Young will be calling on May 11, and Glenn Matthew will be calling on June 8 which will be Cinderella Night. Come dance in your slippers! Really! There will be prizes for the prettiest slippers, the funniest slippers, and more. Also, don't miss the Mainstream Special with caller, Jim Lee on June 22.

Mainstream dances begin at 7:45 and end at 10:15 p.m. at Lehman United Methodist Church on Lehman Avenue and Old York Road in Hatboro, PA. During the summer, we move to Bryn Athyn Church Social Building. Dances at that location begin at 8:00 p.m. and run until 10:30 p.m. For more Mainstream details, call Bruno Langewouters at (215) 6465617.

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EASTONAIRES: The snowy winter caused some cancellations for our club. We also had two members out due to knee surgery. We are looking forward to the wonderful summer weather to bring them back to us in good health and also to return out snowbirds. We have missed them all.

We will be holding dances on May 6 , May 13, May 20, June 3, June 10, June 17 and June 24. No dance will be held on May 27 due to Memorial Day celebrations.

We are still dancing every Monday at the First United Methodist Church on S. Second Street in Easton, PA. We dance from 8:00 to 10:00 p.m. Dalt Young leads us in Line Dances and the third Monday is All Singing Calls.

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EDGE HILL SQUARES: Join us on May 11 for Blossom Time with caller, Ralph Stapenell and cuer, Peg Dockry. Our Red, White and Blue Dance will be held on May 25 with caller, Joe Bradshaw and cuer, Peg Dockry.

Our traditional Covered-Dish Dinner Dance will be held on June 8 with caller, Pete Classetti and cuer, Lil Armstrong. You bring your favorite covered dish and we will provide ham and all else. Reservations are needed for table settings. Also, please bring eating and serving utensils. A sign up chart will be available at our club dances or call 379-8839 to make reservations. All are welcome! Dinner will begin at 6:00 p.m. with square dancing at 8:30 p.m. Come on out and visit our club in its 38 th year!

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GUYS AND DOLLS: We will be holding Regular Club Dances on May 13, June 3 and June 10.

Beginner Round Dance Classes are held on Monday nights from 6:30 to 8:00 p.m. with instructors, Joe \& Peg Dockry at the Church on the Mall in Plymouth Meeting, PA. For more information, contact Joe \& Peg Dockry at P.O. Box 296, Milford, NJ 08848-0296; (908) 995-2133.

[^0]LEHIGH VALLEY CLOGGERS: We now dance at two locations! In January, we added a new class to our group. Our new Tuesday Night Class in Belvidere opened the door to many dancers who do country western dancing on Sundays.

We will be dancing at the Seidersville Democratic Club on Puggy Lane in Bethlehem, PA on Sundays May 5, 12, 19 and 26, and June 2, 9, 16, 23 and 30. Then on Tuesdays, May 7, 14, 21 and 28, and June $4,11,28$ and 25 , we will be dancing at Belvidere High School in Room 12 on Oxford Road in Belvidere, NJ.

Sunday's schedule is: Advanced Children from 12:00 to 1:00 p.m., Beginner Teens and Adults from 1:00 to 2:00 p.m., Beginner Children from 2:00 to $3: 00$ p.m., Show Practice from 3:00 to $4: 00$ p.m., and New and Review Teaches for Tearn Members from 4:00 to 7:00 p.m.

Tuesday's schedule is: Beginner Children from 6:30 to 7:30 p.m., Advanced Beginners from 7:30 to 8:30 p.m., and Beginner Teens and Adults from 8:30 to 9:30 p.m.

Our group is available to dance at your special function. For more information, call Mary Keinert at (610) 435-2172.
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LEISURE SQUARES: We dance on the first and third Saturday of the month (October through May) beginning at 8:00 p.m. at J.M. Hill School on East Broad Street in East Stroudsburg, PA.

Our dance schedule is as follows: May 4 and May 18. (No dances will be held during June, July, August and September.)

For more information on our dances, contact Chuck \& Vivian Hatfield at (717) 897-6784.
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LIBERTY STARS: We had a very successful start with our third Saturday of the month A-2 Dances. These A-2 Dances will continue to be held on the third Saturday and will include a C-1 Star Tip. Dances will be held on May 18 with caller, Mark Franks and then on June 15 with caller, Roy Leber.

Our very popular and fun Plus DBD Dances will continue to be held on the first Saturday of the month. A dance wil! be held on May 4 with caller, Brian Fugere. No dance will be held on June 1. These dances will now include a half

## the Eastonaires

Square and Round Dance Club
Every Monday
8:00 p.m.
Dalt Young, Caller
Plus and Q.S.

We're up and around and dancing at the

## First United Methodist Church

34 S. Second Street Easton, PA
(well-lit free parking in L\&D lox behind Hotel Easton)
hour Plus DBD Workshop precceding each dance. Dancers can come from 7:15 to 7:45 p.m. to learn or brush up on their DBD skills at no additional charge and then stay for our dance from 7:45 to 10:15 p.m.

All of our dances are held at St. Paul's Church on Palomino Drive in Warrington, PA. For more information, please call Dick \& Anne at (215) 635-7703.

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MELODY LAKES BELLES \& BEAUS:
Come on out and dance with us on May 7 when we will host caller, Jim Snyder and cuer, Frank Fertsch. Then, come on out again on May 21 and meet some of our former members at Old Timers Night with Dalt Young calling squares and Frank Fertsch cueing rounds.

Workshops for the month of May will be held on the 14th and 28th with instructor, Jim Snyder.

On June 4, join us and indulge yourself at our Strawberry Festival and have some delicious fun with caller, Dalt Young and cuer, Frank Fertsch. This dance will be followed by a great night of dancing on June 18 with Dalt Young calling squares and Frank Fertsch cueing rounds.

Workshops for the month of June will be held on the 11th and 25th with instructor, Jim Snyder.

June 21 is the first day of summer. Have a great time on that day and happy dancing!


PERKY PROMENADERS: The winter weather was a little rough on us in January. Imagine... we had to cancel the Jack Frost Dance in January! Our February dance, entitled Sentimental Journey, with caller, Burl Lally anf cuer, Peg Dockry
went smoothly with lots of couples getting out and dancing after a winter filled with icy blasts and too much snow.

Perky couples have been busy with demonstrations, too. On January 31, we had two squares dancing to tapes at Jefferson Apartments on Marshall Street in Norristown, PA. The audience filled one end of the hall and they couldn't have been more receptive. It's nice when you are welcomed back... as they said, "real soon."

On January 19, four couples traveled to Hereford and Marlborough Elementary Schools in Upper Perkiomen where Dalt Young called and taught square dancing for two wonderful groups of fourth graders. On February 8, we returned when all the fourth graders from both schools (24 squares - wow!) danced to Dalt Young in the Hereford School gym. Besides our demonstration tips, we all joined in the squares with the youngsters. There were so many parents that showed up to watch their kids dancing that parking was quite a problem. Miles and miles of video tape were recorded, too.

On February 13, we had several squares participate in a demonstration at St. Titus Church in Norristown, PA; and on February 20, we danced at Faith Lutheran Church as part of their Fastnacht Social entertainment.

On May 1, Bob Clark will be calling squares with Peg Dockry cueing rounds. Burl Lally will be calling on May 15 along with cuer, Peg Dockry as we honor our new grads.

During June, Burl Lally will be calling on the 5th and Dalt Young will be calling on the 19th. Peg Dockry will be cueing both of these dances. On June 22, we will be having a special dance with National Caller, Bill Harrison doing the honors and Peg Dockry will be cueing rounds for all levels.

Sounds like we are a great social club, huh? Why not join us for the fun every first and third Wednesday of the month at the Church on the Mall in Plymouth Meeting, PA.

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QUAKER EIGHTS: We had a great time at our Dinner Dance at Milford Township Fire Hall on April 13. Pete


## Sail Into Summer With national Caller

 Captain Bill Harrison and Cuer 1st Mate Peg Dockry and the Perky Promenaders CrewSaturday, June 22, 1996 • 8 -11 p.m. Plus Level with Advanced Tips
Church On The Mall, (Cinema Entrance) Plymouth Meeting Mall, Plymouth Meeting, PA

Tickets $\$ 5.00$ / person

For Information, Call Bosun Mates:

- Anne and Bob Decker - 610-825-5262
- Joyce and Rich Scargill - 610-489-2414
- Barb and Bob Tibbits - 215-368-7359

Diven did a wonderful job of calling and cueing as usual. Our "Come Fly A Kite" was chaired by Genny Vass and Gail Zearfoss. Thank you for a great evening and a beautiful dimner dance.

On April 27, Bruce \& Eileen Williamson kept everyone busy enjoying a wonderful night of dancing.

Come on out and dance with us on May 11 for our Covered-Dish Dinner Dance and Election of Officers which will be the last dance of the season. Clay Goss, a great caller from Delaware, will be calling for us. Bring a covered-dish and join us for supper at 6:30 p.m. followed by our election of officers which will only take a few minutes. Then at $7: 30$ p.m., pre-rounds will begin with Gloria Reaser followed by squares until 10:30 p.m.

Our banner stealers (or STEELERS) have been very busy doing a great job of visiting many clubs and scoring with the nicest banners as a reward. Now, we hope all the clubs will remember to come and pick up their banners on or before May 11. We look forward to having you visit us. We enjoyed all of our visits to your great dances. If you haven't visited us in the past, try visiting us in the near future.

Our committees have been working hard and have done a great job with stealing banners, refreshments and getting the jobs done. Thank you, Quaker Eights Board.

We will start our 1996 season on September 14 with a Kick Off Dance with the great calling of Brian Fugere. It's always fun to dance to Brian as he keeps the floor moving. We also look forward to round dancing with Lil Armstrong. Come on out and help us kick off the new season.

Everyone get ready to attend the 35th DVS\&RD Convention on September 19-21 at the beautiful Brunswick Hilton Hotel in East Brunswick, NJ.

On September 28, we will be dancing to the calling of Tom Kovacevich. Prerounds with Elaine Novak will begin at 7:30 p.m.

We look forward to you dancing with us at Quakertown Elementary School on 7th and Park Avenues in Quakertown, PA. Have a great summer and see you on the
dance floor!

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ROUND DANCE PARTIES: Come out and dance to your favorite round dances. The program is up to you.

On May 4, we will be dancing to the cueing of Ron \& Ree Rumble. Then on June 1, cuers, Ron \& Ree Rumble will be joined by cuers, Pete \& Mary McGee.

Come dance to your favorite jives, chachas, foxtrots, waltzes, etc. at the Church on the Mall in Plymouth Meeting, PA from 8:00 to 11:00 p.m. See you on the dance floor!

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ROVIN' SQUARES: On January 27, we had a good turnout for our Winter Dance at the Church on the Mall in Plymouth Meeting, PA with caller, Bob Clark and cuer, Gary Dixon.

On March 30, everyone enjoyed our Dinner Dance at the same location with Mark Franks calling squares and Al Spinks cueing rounds.

Our first campout was held at Chestnut Lake Resort in Port Republic, NJ on April 19-21. Mark Franks called the squares while Peg Dockry cued the rounds.

Our next campout will be held on May 17-19 at Roamer's Retreat in Kinzers, PA. Betsy Gotta will be calling squares and Roy Gotta will be cueing rounds.

On June 14-16, we will be camping and dancing at Holly Acres in Egg Harbor, NJ with caller, Gleason Crumling and cuer, Russ Booz.

Remaining campouts for 1996 are: July 19-21, Thousand Trails; August 16-18, Beaver Valley (tentative); September 13-15, Blueberry Hill; and October 18-20, Tall Pines.

Our Florida contingent had its annual
winter get together with 24 of our squares in attendance. Arrangements are already in the works for next year on February 20, 1997 at Quincy's on Route 50 in Orlando, FL. Come on down!

Anyone interested in joining a club that square dances and camps, contact our President, Larry \& Helena Schwartz at (215) 355-2601. Y'all call!

## $++++++++++$

SAUCON SQUARES AND ROUNDS: Welcome spring and summer! Let's forget about winter and come out and dance with us at 134 E . Broad Street in Bethlehem, PA. We will be dancing at the Mainstream level on the first and third Friday nights of each month. On the remaining Friday nights, we will be dancing at the Plus level. Pre-rounds begin at 7:30 p.m. followed by squares from 8:00 to 10:30 p.m. If you are a new dancer or just haven't danced in a while, now is the time to come out and join us.

On May 3, we will be dancing to caller, Ted Knauss and cuer, David Roberts followed by caller, Ted Knauss and cuer,

Elaine Novak on May 10. Then, on May 17, caller, Dalt Young will take the mike with cuer, Steve Bradt followed by caller, Ted Knauss and cuer, Mary McGee on May 31. No dance will be held on May 24.

On June 7, we will be entertained by caller, Jim Snyder and cuer, Steve Bradt followed the calling of Dalt Young and the cueing of Mary McGee on June 14. Then, on June 21, caller, Dalt Young will step up to the mike with cuer, Elaine Novak followed by the calling of Ted Knauss and the cueing of Steve Bradt on June 28.

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SCHUYLKILL PROMENADES: Make plans to visit us on May 19 and try to steal our banner at our Banner Dance. Caller, Dan Prosser and cuer, Linda Prosser will be entertaining us for the evening.

On June 16, we will have plenty of strawberries (and more) as refreshments at our Strawberry Social. Calling squares for this dance will be Dave Kreiter along with cuer, Gloria Reaser.

We are very busy making plans for our

## Square Dance Wear \& Western Shirts at Eleanor \& Bob Fosters

20\% OFF WOMEN'S CLOTHING!!

## THE GRAND SQUARE

> Call on Mondays
> Tuesday \& Thursday - 9:30 a.m. to 9:00 p.m. Wednesday \& Friday - 9:30 a.m. to 6:00 p.m. Saturdays - 9:30 a.m. to 5:00 p.m.

1173 Easton Road • Roslyn, PA 19001
Phone: (215) 572-0940

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY |  | THURSDAY | FRIDAY | SATURDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MAY CALENDAR | $\star$ Special Event <br> * * Guest Caller and/or Cuer <br> - Workshop <br> (c) Class <br> (w) Weekend |  | $\begin{array}{rr} 1 & \text { (c) Buckaroos } \\ \text { \&/(c) Sweetheart Rds } \\ \star / * * \text { Perky Promiders } \end{array}$ | 2 | - Saucon CW <br> (c) Dixie Derby Rds | 3 <br> * * Saucon Sqs <br> * * Dixie Derbys <br> * * Stardusters <br> (w) Crosstrail Travelers | 4 Leisure Sqs <br> $\star \star$ RD Parties  <br> $\star \star$ Liberty Stars  |
| 5 <br> - Saucon Rds <br> (c) LV Cloggers <br> Buck'ham Dancers <br> (w) Crosstraii Travelers (c)/• App Expressions MEP New Grads Dance MEP District Meeting | 6 <br> Eastonaires <br> (c) Guys \& Dolls <br> (c) Dixie Derby Rds <br> - Buck'ham Dancers | 7 <br> (c) LV Cloggers <br> - Fantastic Bears <br> (c)/• Tumbleweeds <br> * * Mel Lakes B \& B | 8 */** Buckaroos -/(c) Sweetheart Rds | 9 | - Saucon CW <br> (c) Dixie Derby Rds | $\begin{gathered} 10 \quad \star \star \text { Saucon Sqs } \\ \star / \star * \text { Buckaroos } \end{gathered}$ | 11 <br> $\star / \star \star$ Edge Hill <br> $\star$ * Dixie Derbys <br> */* * Quaker Eights |
| 12 - Saucon Rds <br> (c) LV Cloggers Trademarks <br> (c)/•App Expressions | 13 <br> Eastonaires Guys \& Dolls <br> (c) Dixie Derby Rds <br> - Buck'ham Dancers | 14 <br> (c) LV Cloggers <br> - Fantastic Bears <br> (c)/• Tumbleweeds <br> - Mel Lakes B \& B | 15 <br> -/(c) Sweetheart <br> $\star / \star \star$ Perky Prom'ders | 16 | - Saucon CW <br> (c) Dixie Derby Rds | 17 <br> * * Saucon Sqs <br> * * Dixie Derbys <br> (w) Rovin' Sqs <br> (w) Yellow Rockers <br> $\star / \star \star$ Crosstrail Trav | 18 <br> Leisure Sqs <br> * * Liberty Stars (w) Rovin' Sqs (w) Yellow Rockers */* * Stardusters |
| 19 <br> - Saucon Rds <br> Buck'ham Dancers (w) Rovin' Sqs <br> (w) Yellow Rockers <br> (c) LV Cloggers <br> (c)/* App Expressions <br> $\star / \star \star$ Schuylkill Prom | 20 <br> Eastonaires <br> (c) Guys \& Dolls <br> (c) Dixie Derby Rds <br> - Buck'ham Dancers | 21 <br> (c) LV Cloggers <br> - Fantastic Bears <br> * Tumbleweeds <br> */* * Mel Lakes B \& B | 22 $\star / \star \star$ Buckaroos -/(c) Sweetheart Rds | 23 | - Saucon CW <br> (c) Dixie Derby Rds | $24^{* / \star}$ * Buckaroos | $25 * / \star *$ Edge Hill |
| 26 - Saucon Rds <br> (c) LV Cloggers Trademarks <br> (c)/•App Expressions | $27$ <br> MEMORIAL DAY | 28 <br> (c) LV Cloggers <br> - Fantastic Bears <br> (c)/• Tumbleweeds <br> - Mel Lakes B \& B | 29 •/(c) Sweetheart |  | - Saucon CW <br> (c) Dixie Derby Rds | $31$ <br> * * Saucon Sqs <br> * * Dixie Derbys' |  |


| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| JUNE CALENDAR |  |  | $\star$ Special Event <br> * * Guest Caller and/or Cuer <br> - Workshop <br> (c) Class <br> (w) Weekend |  | - | 1 <br> $1 \quad *$ RD Parties |
| 2 <br> - Saucon Rds <br> (c) LV Cloggers <br> Buck'ham Dancers <br> (c)/• App Expressions | Guys \& Dolls <br> (c) Dixie Derby Rds <br> - Buck'ham Dancers | 4 <br> (c) LV Cloggers <br> Fantastic Bears <br> (c)/• Tumbleweeds <br> $\star / \star \star$ Mel Lakes B \& B | $\begin{aligned} & 5 \quad \bullet /(c) \text { Sweetheart } \\ & \pi / \star \star \text { Perky Prom'ders } \end{aligned}$ | 6 <br> -Saucon CW <br> (c) Dixie Derby Rds | $7$ <br> * * Saucon Sqs <br> * * Dixie Derbys' <br> (w) Crosstrail Travelers | 8 <br> $\star / \star \star$ Edge Hill <br> */* * Dixie Derbys' <br> (w) Crosstrail Travelers <br> $\star / \star \star$ Stardusters |
| 9 - Saucon Rds <br> (c) LV Cloggers <br> (w) Crosstrail Travelers <br> Trademarks <br> (c)/• App Expressions | 10 <br> Eastonaires Guys \& Dolls <br> (c) Dixie Derby Rds <br> - Buck'ham Dancers | 11 <br> (c) LV Cloggers <br> Fantastic Bears <br> (c) $/ \bullet$ Tumbleweeds <br> - Mel Lakes B \& B | $12$ <br> $\star / \star \star$ Buckaroos <br> -/(c) Sweetheart Rds | 13 <br> - Saucon CW <br> (c) Dixie Derby Rds | 14 <br> * * Saucon Sqs (w) Rovin' Sqs <br> (w) Yellow Rockers <br> $\star / \star \star$ Buckaroos | 15 <br> * * Liberty Stars (w) Rovin' Sqs <br> (w) Yellow Rockers MEP Summer Dance |
| 16 <br> - Saucon Rds <br> (w) Rovin' Sqs <br> (w) Yellow Rockers <br> (c) LV Cloggers <br> Buck'ham Dancers (c)/•App Expressions $\star / \star \star$ Schuylkill Prom | 17 Eastonaires <br> (c) Guys \& Dolls <br> (c) Dixie Derby Rds <br> - Buck'ham Dancers | 18 <br> (c) LV Cloggers <br> - Fantastic Bears * Tumbleweeds <br> * * Mei Lakes B \& B | 19 <br> - /(c) Sweetheart <br> $\star / \star$ * Perky Prom'ders | (c) Dixie Derby Rds | $21 \underset{\star / \star * \text { Saucon Sqs }}{21 \text { Dixie Derbys }}$ | $\begin{aligned} & 22 \star / \star \star \text { D. Derbys } \\ & \star / \star \star \text { Perky Prom'ders } \end{aligned}$ |
| 23- Saucon Rds <br> (c)LV Cloggers <br> Trademarks <br> (c)/ $\cdot$ App Expressions | 24 <br> Eastonaires <br> (c) Guys \& Dolls <br> (c) Dixie Derby Rds | 25 <br> (c) LV Cloggers <br> - Fantastic Bears <br> (c)/• Tumbleweeds | 26 <br> 45th National <br> -/(c) Sweetheart Rds | 27 <br> 45th National - Saucon CW <br> (c) Dixie Derby Rds | 28 <br> 45th National * * Saucon Sqs <br> */* * Buckaroos | 29 45th National |
| 30 - Saucon Rds <br> (c) LV Cloggers <br> Buck'ham Dancers <br> (c)/• App Expressions |  |  |  |  |  |  |

## WHERE TO DANCE

A - Advanced APD - All Position Dancing EB - Extended Basics MS - Mainstream QS - Quarterly Selection (Experimental) PL - Plus R - Rounds CL - Clogging

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 Bethlehem Vol. Firearm Home Assoc., N. New St., Bethlehem, PA..........
ss Simon \& Jude Catholic School Auditorium, Bethiehem, PA SS Simon \& Jude Catholic School Auditorium, Bethiehem, PA.
St. Paul's U.M. Church, Palomino Farms, Warrington, PA........ Buckingham Springs, Rt. 413, Buckingham, PA Temple Beth Am, s. Beverwyck Rd., Parsippany, NJ. YMCA, S. Main St., Nazareth, PA................. Colonial Woods Camping Resort, Upper Black Eddy, PA St. Peter's Lutheran Church Hall, Stowe, PA............................... Upper Moreland Middee School, Orangemans Rd. (norn hat Bit Lehman Mnited Methodist Church, 34 Second St., Easton, PA......................... Edge Hill Fire Hall, Limekiln Pk. \& Cricket Ave., North Hills, PA Salem Lutheran Church, 134 E. Broad, Bethlehem, PA Church-on-the-Mall, Plymouth Meeting, PA. Yardville Heights Elementary School, Yardville, NJ.. Seidersvilile Democratic Club, 47 Clearfield St., Bethlehem, PA Belvidere High School, Room 12, Oxford Rd., Belvidere, NJ... J.M. Hill School, E. Broad Sts., E. Stroudsburg, PA.

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& \text { St. Paul's Methodist Church, Shetland Dr., Warrington, PA. } \\
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& \text { St. Phillips-in-the-Fields, Oreland Mill Rd. \& Lorraine Ave............ } \\
& \text { Rt. } 309 \text { (across from New Orleans Restaurant), Quakertown, PA... }
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$$ Adamstown YMCA, Adamstown, PA......................................6:30-8:

Church-on-the-Mall (Cinema Entrance), Plymouth Meeting, PA......... Quakertown Elem. School, 7th \& Park Ave., Quakertown PA.... Adamstown YMCA, Adamstown, PA. Church-on-the-Mall, Plymouth Meeting, PA...
Various Campgrounds (April through October) Various Campgrounds (April through October)
Salem Lutheran Church, 134 E . Broad, Bethlehe Salem Lutheran Church, 134 E. Broad, Eethlehem, PA.....................
Schuylkill Haven Sr. Citizen's Bldg., Haven St., Schuykill Haven, PA Immanuel UCC Church, Waverly \& Brobst St., Shillington, PA................. Salem Lutheran Church, 134 E . Broad, Eethlehem, PA............... Plymouth Meeting Mall, Plymouth Meeting, PA. Church-on-the-Mall, Plymouth Meeting, PA... Salem Lutheran Church, 134 E. Broad, Bethlehem, Salem U.C.C., 186 E. Court St., Doylestown, PA...
 EDGE HILL SQUAR

FANTASTL BELS.
Gurs \& DOLLS.............. HANDICAPABLE SCLOGGERS Lehigh valley cloggers.

IBERTY STARS.....
MAINSTREAMERS
MELODY LAKES B \& B.

## PAGODA ROUNDERS.

Pagoda rounders....
QUAKER EIGHTS.
RED HOT HATTERS.
ROUND DANCE PARTIES ROVIN' SQUARES.

SAUCON ROUNDS....
SCHUYLKILL PROMENADES
STARDUSTERS (BERKS)
SWEETHEART ROUNDS
trademarks....
TENDERFOOT ROUNS
TUMBLEWEEDS.....
YELLOW ROCKERS


20th Anniversary Dinner Dance on October 20 at the Blue Mount Hall on Route 183 in Summit Station, PA. Festivities will begin at 2:00 p.m. Henry Ferree will be calling squares and Elaine Novak will be cueing rounds. Tickets are available for $\$ 32.00$ per couple ( $\$ 16.00$ for singles). Call (717) 366-1873 for more details. We know everyone will have a wonderful time, so please plan to celebrate this great occasion with us.

All of our regular dances are held from 2:00 to 4:00 p.m. at the Schuylkill Haven Senior Citizen's Building on Haven Street in Schuylkill Haven, PA. Everyone is welcome to share in the fun and great fellowship.

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STARDUSTERS (BERKS CO.): On May 3, we will have caller, Bob Clark and cuer, Mary McGee entertaining our dancers. Then, on May 18, we will be
holding our Ice Cream Social and Graduation Dance with caller, Jim Snyder and cuer, Gloria Reaser.

On June 8, we will be hosting a special dance with the Red Hot Hatters of Adamstown, PA which we hope will become an annual event. This dance will be entitled, The Rebel Yell. Greg Jones, of Raleigh, NC, and Jim Snyder will be calling the dance along with cuer, Bob Reaser. Greg Jones calls for four clubs in the Raleigh area. Two of our members who lived in Cary, NC for several years will attest to the fact that Greg is an excellent caller and has a wonderful singing voice that is definitely worth hearing. We hope you will all come out to welcome Greg as he calls his first dance up north. See our ad elsewhere in this issue for further details.

Have fun dancing this summer!

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TRADEMARKS: We dance to the great calling Mark Franks and the fantastic cueing of Joe \& Peg Dockry on the second and fourth Sundays of the month (with exceptions).

Advanced level (A-2) dancing begins promptly at 7:00 p.m. with a C-1 Star Tip added in during the evening. Dances are held at the Church on the Mall (cinema entrance) in Plymouth Meeting, PA.

For more information on any of our activities, please contact Bernie \& Joan Marcus at (610) 275-8255.

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TUMBLEWEEDS: On the first, second, fourth and fifth Tuesday of each month, we hold a Mainstream and Plus Workshop from 8:30 to 10:30 p.m., and the third Tuesday of each month is set aside for a special dance and celebration of that month's birthdays and wedding anniversaries. Beginner Classes are held every Tuesday night from 7:30 to 8:30 p.m.

We will be holding a Mother's Day Dance on May 21 where we will also celebrate all of the birthdays and wedding anniversaries that fall in the month of May.

On June 18, we will be holding a Father's Day Dance and celebrating all of the birthdays and wedding anniversaries that fall in the month of June.

All club dances are held at the Salem United Church or Christ on 186 E. Court Street in Doylestown, PA. Our club caller is Helen Greatsinger.

Have a great summer and we'll see you on the dance floor!

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YELLOW ROCKERS: Our first campout of the season was held at Don Laine in Trachsville, PA. It was a warm and wonderful reunion of friends after a very cold and snowy winter. The committee planned many fun activities for us and the food was exceptional. Great dancing was called by Ted Knauss and cued by Elaine Novak.

We are looking forward to our May campout at Robin Hill in Lenhartsville, PA on May 17-19. Ted Knauss will be calling squares with Elaine Novak cueing rounds.

Our June campout will be held at Birchview in Coatesville, PA on June 14-16. Ted Knauss will be calling squares and also cueing rounds.

## EDUCATION UPDATE

## by Terry Kaiss

Hope everyone is doing well and enjoying themselves. Our New Grads Dance will be held on May 5 at the West End Fire Hall in Quakertown, PA from 1:00 to $4: 30$ p.m. with Russ Booz serving as MC. Various caliers and cuers will provide the entertainment for this dance. A District Meeting will be held following the dance.

On June 15, the District will be holding a Summer Dance at the Church on the Mall in Plymouth Meeting, PA from 8:00 to $10: 30 \mathrm{p} . \mathrm{m}$. The cost is $\$ 3.00$ per person and calling the dance will be Ralph Stapenell along with cuer, Frank Fertsch.

On July 20, a Summer Dance will be held at the West End Fire Hall in Quakertown, PA from 8:00 to 10:30 p.m. with caller, Jim Snyder and cuer, Peg Dockry. The cost is $\$ 3.00$ per person.

On August 17, a Summer Dance will be held at the West End Fire Hall in Quakertown, PA from 8:00 to 10:30 p.m. with caller, Ed Kerns and cuer, Russ Booz. The cost is $\$ 3.00$ per person.

Have a nice summer and hope to see you at one of these special dances.

## LEGACY RESOLUTIONS DEAL. WITH YOUNGER DANCERS

Among the resolutions passed at the Legacy Meeting in 1995, one concerning the "Future of Square Dancing" arose from concern over the need to acquaint youth and young adults with the fun of square dancing. A two-year task force reported on its findings at the meeting, noting that where youth clubs exist, they are strong because of the support they receive from their callers (a parent or a young friend) and from parents. In many areas no opportunity to dance exists for young people. A few clubs allow younger dancers to join, but the published list is very limited.

The first resultion reads, "Whereas, the future of the square dance activity lies in our children from Kindergarten
through the University level; and, whereas, there are now excellent instructional materials available, such as Jack Murtha's Diamond Program, which enables educators to teach square dancing in the schools in the correct way with proper attitudes; and, whereas, there is considerable square dance curriculum material already developed, or in development for which no financing is available, be it resolved that: Legacy International take the initiative in working with other square dance organizations to obtain financing for the production of additional instructional square dance materials for use in the schools, Kindergarten through grade 12, and other youth educational and recreational organizations."

Many present square dancers bemoan the lack of younger dancers entering the picture. The question that must be answered is "How anxious are we to have younger dancers in our groups?" Will we bend our dress code? Will we adjust our times? Will we offer baby sitting? Another resolution dealt with some of these as-
pects:
"Whereas, every square dancer is a friend you have yet to meet, and, whereas, the people we dance with are more important than the calls they dance, be it resolved that: We, as Legacy Trustees, urge that more understanding of individual preferences in dance programs, in dance dress, in dance frequency, and a respect for these; more welcoming of the youth and younger dancers who are the future of the activity; and more caring about those with whom we dance, so that square dancing may continue to be 'friendship set to music'.'

For more information on Legacy, write to: Al \& Vera Schriener, executive secretaries, 1100 Revere Drive, Oconomowoc, WI 53066 or call (414) 567-3454.



## FRIENDS OF THE HANDICAPPED UPDATE

We are presently making arrangements for a Carnival to be held from Wednesday to Saturday, August 21-24 on the grounds of the Pennridge High School in Perkasie, PA. We are hoping to have a variety of activities and fun for all. There will be fire works, a petting zoo, pony rides, carnival games, food, and much more.

We wish to thank all of the square dancers who have been helping us raise the much needed funds to help needy persons acquire the medical equipment that they need. You all have been most cooperative for the past 18 years. This will be our 19th year of helping the Friends of the Handicapped.


## RUTHIE'S SEWING BASKET

by Ruth McLay

May and June means "Spring!"' What a great time of the year! This means nicer weather and a new start for everyone and everything. Currect conventions are being held at vacations are being planned. Beautiful flowers and nice green grass set the tone for plenty of picnics and trips here and there. Also, plenty of square dances are being held no matter where you go. (I guess I'm getting carried away with spring fever after all the snow we've had this winter.)

For those interested in making their own custom made dance apparel, the following is just one suggestion in helping you make a great outfit:

The first thing you need to do is choose two coordinating colors of material.

Now, try using a bell sleeve on your outfit, which can be lined with the darker of the two colors that you have chosen. Cut the liner and the prominent color you have chosen for the sleeve together and sew the bottom of the sleeve, then join them together at the underarm seam. Turn the two pieces right side out and press with an iron. Then ease into the armhole of the bodice, avoiding stretching either piece of material and sew it into the bodice.

You may also make a matching reversible vest for your partner out of the same two materials you chose for your dress or from any two coordinating materials that fancy your taste.

Do have a safe and enjoyable vacation. Also, look for square dancers everywhere you may travel and have fun!

## INSURANCE NOTES

by Marian McKinney

Are you dancing uninsured? Every square dance organization needs to carry General Liability and Accident Medical Expense coverage while conducting and sponsoring activities. As closely as safety rules are followed, accidents can still happen. There is an insurance program which was specially designed for U.S.D.A. dancers. It provides for $\$ 1,000,000.00$ in liability insurance and $\$ 10,000.00$ in accident medical expense reimbursement coverage, plus other advantages such as certificates of insurance for special dances at no additional cost. This is becoming increasingly more important as more owners and public facilities demand that groups show proof of liability insurance before they will be allowed to use the facility for the dance.

Who exactly is covered by this insurance? Club members will be insured while participating in any regularly scheduled and sponsoring dancing activity worldwide, including group travel, which means ten or more club members in a vehicle commercially licensed for transportation of passengers and oper-

ated by holding a valid operator's license for such a vehicle while being transported to or from a covered dance activity.

Dance safely and carry the insurance needed. See you on the dance floor!

## FRAZZLED

by Aaron Silverstein
Some kids wear out jeans, Some kids wear out shoes, Some kids wear out clothes To the point it doesn't amuse. But the most destructive of all Their behavior that I can see Is how my grandkids wear out Their Grandma and me.


## LAUGHING FOR THE HEALTH OF IT

Did you know that: "Children laugh over 400 times a day, whereas adults laugh an average of 15 times a day."

Laughter is a physical activity. When on laughs, the heart rate and blood pressure increase. After laughter subsides, the rates drop below the base rate. Energy expenditure and metabolism increase, and skeletal muscle tension decreases. The respiratory rate is stimulated. Deep breathing and coughing resulting from laughter help clear the lungs and increase the blood gas exchange. Oxygen-rich blood is then carried to the brain.

Laughter can bolster the immune system by increasing lymphocyte proliferation, natural killer cell activity, and
immune response in saliva.
Laughter decreases epinephrine and cortisol levels, both of which suppress the immune system.

These positive effects of laughter on the immune system strengthen the body's ability to fight off illness for up to two days.
(Reprint from The Roundup, Battle Creek Area Square and Round Dance Association. Excerpted from Human Connections, Winter 1995, College of Health and Human Services, Western Michigan University.)

## PARADISE, HAWIIAN STYLE!

Aloha from Paradise, the 35th Delaware Valley Convention! A special opening ceremony we have planned will get the native drums of your heart beating and will give you a taste of the islands.

Anyone wearing the leis given out at registration to the opening ceremony will be eligible to win a gift certificate (up to a $\$ 50.00$ value) to the Hilton's Cafe Restaurant good for Friday or Saturday of the convention. So, come say "hula-o" to us and get a chance to win a delicious meal.

In order to enjoy the relaxed, "hang loose" feeling of our Hawaiian theme, we invite you to wear your island garb to the day sessions of the convention. Break out your mu-mus and Hawaiian shirts, but please NO bathing suits, shorts or halter tops. At night, however, traditional square dance attire is required. There will be an opportunity to create a "Kodak moment" in paradise by the waterfall in the lobby where a Hawaiian scene will be located.

We are in negotiations now to have a "make your own sundae" bar during selected hours in the evening and the possibility of an express buffet dinner on Friday and Saturday evening at the hotel's Cafe Restaurant to provide fast, efficient service. There will also be a cash and carry fast food concession for your convenience. If you decide you would like to eat elsewhere, there are several other restaurants and fast food places within a short drive from the hotel.

Most have been warned that we like to be served quickly so we can get back to dancing! A map will be available at the hospitality table.

We can't wait to see you on September 19-21 at the 35th Delaware Valley Convention at the beautiful Brunswick Hotel in East Brunswick, NJ. Look for the tentative program schedule in the next issue of "Freedom Valley Dancer" to plan your Hawaiian adventure. Remember, space is limited, so register early!

## 

## 45TH NATIONAL'S EDUCATION PROGRAM

The 45th National's Education Committee has put together an Education Program which will include the following:

Panels - Vice Chairmen, Paul \& Linda Rowland have put much effort into choosing the topics and panel leaders. A new and very exciting panel is "Square

Dancing Around The World" with moderator, Ed Warmoth from Oregon. Dancers from several countries will discuss dance programs, special events and related travel. There will be ample opportunity for input from the audience. You won't want to miss this one!

Clinics - Vice Chairmen, Tim \& Sissy Tyl are planning very informative demonstrations of square dancing, round dancing and contra techniques, as well as country and western dancing skills.

Seminars - Vice Chairmen, Al Blalock and Vivian Webb have put together a wonderful schedule of seminars. These seminars, sponsored by Callerlab, Roundalab, Contralab and Legacy, will add to the knowledge of callers, cuers, prompters and dancers who desire to preserve our heritage and continue our activity. Topics will include: "Planning a Mini-Legacy," "Singles in a Couple's Activity," "Club Insurance and Incorporation," "The Many Facets of Round Dancing," "Round Dancing for the Physically Limited Dancer," and "Methods of Choreographic Control."

An Organizational Roundtable on the topic: "Answering Questions - Recruiting and Retaining Dancers" will be a moderated discussion held on Thursday afternoon, June 27th.

Showcase of Ideas and Publications - Vice Chairmen, Don \& Kathy Johnson are working hard to present exciting and

# LEHIGH VALLEY CLOGGERS Appalachian Style Clogging 

Available for performances and teaching
 at festivals, fairs, banquets, etc. Classes for beginners Booking: Mary Keinert (610) 435-2172

informative displays. There will be displays from all over the States that publicize what we as square dancers do for fun and fellowship, as well as projects that benefit our communities and our fellow man. Many of these ideas and publications may be just the catalyst for activities and projects to be used in our home clubs and communities. Something new for 1996 -- A video viewing area to show tapes of groups from around the world involved in our common activity.

Sew and Save . Vice Chairman, Shirley Fields and her committee are working on an outstanding program of $20+$ seminar topics such as "Fitting a Bodice," "Embroidery Embellishments," and "Serging and Sewing Creations." The Tracing Room will be open daily. Across the hall from the Tracing Room will be the Husband's Lounge where he can sit and watch videos or doze. Next to the lounge will be a Repair Room for those emergency apparel repairs. The "glue" to hold all of these exciting events together will be the "Sew Great Across the Lone Star State" Sewing Book. The booklet can be ordered on your registration form or purchased in the Registration Area. This booklet will be filled with all manners of sewing and craft hints, as well as blank pages for taking notes.

The Education Coordination Room will be manned by Assistant Education Chairmen, Charles \& Betty Nicholson and by Computer Coordinators, Nasser \& Shirley Skukayr.

Please take some time out to stop by one or more of these very informative sessions. They will be very beneficial to everyone. See you at the 45th National Convention in San Antonio, TX on June 26-29, 1996!

## AMERICAN FOLK DANCE

Since the early 80 's when square dancing was named the American Folk Dance for slightly more than a year, representatives of Legacy and the USDA have been working to obtain proclama-
tions in the individual states, making square dancing the official state dance. When a majority of states have adopted this state dance, the national project will again be attempted. Frank \& Helen Cavanaugh, working as chairpersons for Legacy, report that $56 \%$ of the states have now accomplished this goal.

Square dancing, as used in these bills, includes all facets and forms of the square dance activity. Mentioning each form, such as round dancing or contra dancing, is too cumbersome and confusing. Keeping the wording simple has helped passage of the bills.

Five new states were added in 1995: Mississippi, North Dakota, South Dakota, Missouri and Connecticut.

Committed to considering bills in 1996 are Georgia, Indiana, Kansas, Maine, Nebraska, Nevada, New York, North Carolina, Pennsylvania, Vermont and Wisconsin. The Wyloming legislature will have a bill introduced in 1997.

Still inactive on this project are ten states: Alaska, Hawaii, lowa, Louisiana, Michigan, Minnesota, New Hampshire, New Mexico, Ohio and Rhode Island.

If your state is one of the states listed on the inactive list and you wish to have more information on how to work for this project, contact Frank \& Heien Cavanaugh, 20 Wooten Drive, Southampton, NJ 08088-1014. For more information about Legacy, contact Al \& Vera Schreiner, 1100 Revere Drive, Oconomowoc, WI 53066; (414) 567-3454.


## ALBERTA BOUND

Welcome! We hope to see everyone at the 10th Canadian National Convention in Edmonton, Alberta, Canada on July 18-20, 1996. Let's talk about the

Convention!

- Lots of unserviced RV sites are still available in both the Rainbow Valley and Klondike Valley areas. Call 1-800-3423473 and book your reservation now to avoid the last minute scramble. All RV guests will be accommodated. Also, travel by bus between the Convention Centre and your RV campground for around $\$ 12.00$ for a three day pass or $\$ 4.50$ for a day pass.
- Over 1,200 downtown vehicle parking spaces are available from $\$ 3.75$ to $\$ 8.75$ per day. Why not park for free at a Light Rail Transit Station (LRT) and take our LTR downtown?
- The Westin Hotel, the MacDonald Hotel and the Edmonton House are fully booked, but there are still plenty of room in other hotels. Book your reservation now and avoid disappointment.
- Convention packages will be available at the Convention Centre registration desk only commencing on July 17, 1996. Hosts will be at the Convention Centre to welcome, guide you and answer all of
your questions. A non-dancers tour of the Convention Centre will also be available.
- An Official Trai-In Dance will be held on July 17 at 8:00 p.m. in the Convention Centre, however, many trail-in dances are being organized on the way to Edmonton.
- Basic Convention itinerary for Thursday, July 18 through Sunday, July 21 is as follows:

Thursday, July 18: Klondike Days Breakfast only $\$ 4.00$ per person (7:00-9:00 a.m.). Dusty Rose Pre-Parade Parade - All convention delegates in a short parade for Edmonton and the world (9:00-10:30 a.m.). Klondike Days Parade (10:30-11:30 a.m.). Bring banners. City Hall reception, Banner Parade. There will be TV coverage. Grandstand seats will be available for $\$ 7.00$ per person. Dancing commences at 1:00 p.m. followed by Klondike Days dancing. Opening ceremonies will begin at $6: 30 \mathrm{p} . \mathrm{m}$. with AfterParties at 10:30 p.m.

Friday, July 19: Dancing commences

## TUMBLEWEEDS

 SQUARE DANCE CLUBCaller Helen Greatsinger (215) 867-0793

MAINSTREAM \& PLUS WORKSHOP TUESDAY 8:30 - 10:30 P.M.

CLUB DANCE
3rd TUESDAY 8:30-10:30 P.M.
BEGINNER'S CLASS TUESDAY 7:00 - 8:30 P.M. SALEM UCC CHURCH (Downstairs) 186 E. COURT ST., DOYLESTOWN, PA 18901 (215) 348-9860 or 822-0407
at 9:00 a.m. with demo dancing, meetings of the Canadian Society and Alberta Federation, and Klondike Days dancing to follow. A Fashion Show will be held at 6:00 p.m. with After-Parties to follow at 10:30 p.m.

Saturday, July 20: Dancing commences at 9:00 a.m. with demo dancing and Klondike Days dancing to follow. Closing ceremonies begin at 6:30 p.m. with more demos and a Klondike Days Show to follow. A Circle of Friendship will begin at 10:30 p.m. with After-Parties to follow.

Sunday, July 21: The Klondike Promenade will take place in downtown Edmonton from 1:00 to 8:00 p.m. Raft races, bands, shows, entertainment, antique cars, strut and show will take place.

- If you need more information about the 10th Canadian National Convention, call Mary at 1-800-342-3454. She can help you with anything!



## PRINTED BLOOPERS!

Blooper in a want ad in a newspaper: "Wanted: A folding table by a lady with detachable legs."

Blooper from a Long Island newspaper: "Large crystal vase by lady slightly cracked.'

Blooper from a Connecticut newspaper: "For Rent: Front room, suitable for two ladies, use of kitchen or two gentlemen."

Blooper from House and Garden magazine: "Nothing gives a greater variety to the appearance of a house than a few undraped widows."

Blooper from an article in a newspaper: "At the Ladies Aid Society meeting many interesting articles were raffled
off. Every member brought something they no longer needed. Many members brought their husbands."

Blooper in a notice concerning a club's party: "The evening will conclude with a toast to the incoming president in champagne kindly supplied by the outgoing president, drunk as usual at midnight."

An Idaho company that prints wedding announcements received an order from the parents of one bride-to-be inviting the guests to "the wedding and barbecue of our daughter."

# PENNSYLVANIA FEDERATION NEWS 

by Roy \& Marion Goerlich

The Pennsylvania Federation of Square and Round Dancers Convention will be held at the Penn State Scanticon, State College, PA on August 9-10, 1996. Be sure to attend. Come out and have a great time.

## 45TH NATIONAL OPENING CEREMONIES

The 45th National in San Antonio, TX will present a unique opening ceremony on Wednesday, June 26 at 6:15 p.m. The ceremony will combine unique sights and sounds -- high school mariachi band -- and will initiate the worlds greatest square dance event. The opening ceremonies for the 45th National will take place at the River Court of the Henry B. Gonzalez Convention Center. You can view this event from both river level and porch level of the Convention Center. To begin the ceremony, the president of the NEC and the Lone Star Board will come to the event by river barge and disembark to the sight and sound of a mariachi band. After introductions and a welcome from the Mayor of San Antonio, everyone will have an opportunity to join in a square dance on the banks of the San Antonio River.

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