		Running Bear		**Grenn 12230 – Caller Dick Jones**				
Line	***Figure 1-4***							
1	**4 Ladies**	**chain**	**---**	**---**	Across the	riva	**---**	**---**
H								
S								
2	**Chain them**	**back**	**---**	**---**	and	**rollaway**	**---**	**---**
H								
S								
3	**Heads go**	**Forward**	**Up and**	**Back**	**And then you**		**Star**	**Thru**
H								
S								
4	**Outside**	**Two**	**Dive**	**Thru**	**Pass**	**Thru and**	do	**sado**
H								
S								
5	**Same**	**Four**	**Circle**	**Half**	**And then**	**You**	**Dive**	**thru**
H								
S								
6	**Square**	**Thru**	**Sides**	**Divide**	**Star thru**	And	When you	do
H								
S								
7	Meet those	two	**Dosa**	**do**	**And then you**		**circle**	**---**
H								
S								
8	**Half**	**Way**	**And**	**Then**	**Dive**	**Thru**	**Box the gnat**	**---**
H								
S								
9	**Pull them**	**thru**	**Swing and**	**whirl**	**Your corner**	**---**	**---**	**---**
H								
S								
10	**Left**	**Allemande**	**---**	**---**	**And**	**Promenade**	**---**	**---**
H								
S								
11	You	Promenade	The	Ring	With the	Pretty little	thing	**---**
H								
S								
12	You're	Big	Chief	Run	ing	bear		
H								
S								